

Robert Frager Ph.D.

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Professional Specialties

Social Psychology
Spiritual Guidance

Transpersonal Psychology
Personality Theory

Business Psychology
Sports Psychology

Education

Reed College	1957-1961	B.A., Psychology
Harvard University	1961-1967	Ph.D., Social Psychology
Teaching assistant, Erik Erikson	Fall, 1966	
Research assistant, Stanley Milgram	1966-1968	
East West Center Fellow	1963-1965	Honolulu, Hawaii
Keio University, Research Fellow	1967-1968	Tokyo

Teaching Experience

1975-present	Professor of Psychology; Institute of Transpersonal Psychology, Palo Alto, California
1987-1994	Professor of Spiritual Psychology; Institute for Culture and Creation Spirituality; Holy Names College, Oakland, CA
1969-1975	Assistant Professor of Psychology; University of California, Santa Cruz
1968-1969	Visiting Lecturer in Psychology; University of California, Berkeley
1966-1967	Teaching Fellow; Harvard University

Academic Administration

1998-present	Director, Master of Arts in Spiritual Guidance Program, Institute of Transpersonal Psychology
1990-1998	Chair, Doctoral Program, Institute Transpersonal Psych.
1987-1992	Director, Psychology and Spirituality Program; Institute for Culture & Creation Spirituality
1983-1985	Founder and Director, External Studies Program, Institute of Transpersonal Psychology
1975-1983	Founder & President, Institute of Transpersonal Psychology

Professional Honors

August 25, 2002 Recipient, Charlotte and Karl Buhler Award, Division 32, American Psychological Association

January 10, 2005 Awarded Aikido 7th degree black belt rank, from Aikido Hombu Dojo, Tokyo, Japan.

Board Experience

2007-2009 Member, Board of Trustees, ITP

2003- 2005 Member, Executive Board Division 32 (Humanistic Psychology), American Psychological Association

1992-1993 Member, Board of Trustees, Waldorf School of the Peninsula

1982-1984 President, Association for Transpersonal Psychology

1980-1984 Board Member, Association for Transpersonal Psychology

1978-1988 Member, Board of Directors; New Dimensions Foundation

1975-1988 Founding Board Member, Institute of Transpersonal Psychology

1969-1974 Vice-President of the Western States Aikido Association

Additional Professional Training

1964-1967 Aikido Training at Aikido World Headquarters, Tokyo; Personal student of the Founder, Master Morihei Ueshiba;

1974 Six months training with Michio Hikitsuchi, 10th dan, Shingu, Japan

1992-present Personal student of Hiroshi Kato, 8th dan

2002-2004 Spiritual Direction Completed Certificate Program, Spiritual Directors' Institute, Mercy Center, Burlingame, CA

Spiritual Education and Training

1964-1975 Yoga Member of Self Realization Fellowship; SRF meditation leader, Los Gatos & Santa Cruz, CA

1975-1985 Personal student of Swami Sivananda Radha

1973-1986 Zen Personal student of Jiyu Kennett Roshi

1981 Sufism Received dervish initiation from Sheikh Muzaffer Ozak, head sheikh of the Halveti Jerrahi Order

1985 Ordained as a sheikh (spiritual guide) by Sheikh Safer Dal, head sheikh of the Halveti Jerrahi Order

1985-present Sheikh of the Jerrahi Order of California, Redwood City, CA

Selected Presentations

- Fragar, R. (2004, February). *A Sufi perspective on transpersonal psychology*. Presentation at the 2004 Transpersonal Psychology Conference, Palo, Alto, CA.
- Fragar, R. (2004, May). *Peace: Universal message of world's religions and the role of individual*. Presentation at the Tenth Annual International Sufi Conference, San Jose, CA.
- Fragar, R. (2005, January). *Sufism and spiritual guidance*. Presentation at the Heart of Spiritual Guidance Conference, Palo Alto, CA.
- Fragar, R. (2005, January). *The oriental paradigm in Western psychology*. Paper presented at EUROTAS (European Transpersonal Association) Conference, Moscow, Russia.
- Fragar, R. (2005, June). *Aikido as a transpersonal discipline*. Paper presented at EUROTAS (European Transpersonal Association) Conference, Moscow, Russia.
- Fragar, R. (2005, June). *Sufi psychology*. Paper presented at EUROTAS (European Transpersonal Association) Conference, Moscow, Russia.
- Fragar, R., & Koga, M. (2007, February). *Assessing transformation*. Presentation at The Heart of Higher Education Conference, San Francisco, CA
- Fragar, R. (2007, May). *Mevlana Jelaluddin Rumi: Spiritual Guide for the 21st Century*. Invited Presentation, International Symposium on Mevlana Celaleddin Rumi, Istanbul, Turkey
- March 29, 2008 *Working with the Body in Spiritual Direction*. Spiritual Directors International Annual Conference, Washington, D.C.

Selected Publications

- 1986 (Supervising Editor). A. Maslow. *Motivation and Personality*.(3rd edition). New York: Harper & Row.
- 1987 (Ed.) *Love is the Wine: Talks of a Sufi Master in America*. Putney, VT: Threshold.
- 1989 Theory and promise of transpersonal psychology. Chapter in R. Valle & S. Halling (Eds.). *Existential -Phenomenological Perspectives on Psychology*. New York: Plenum.
- 1994 *Who am I? Personality Types for Self-Discovery*. Los Angeles: Tarcher/Putnam.
- 1997 *Spiritual psychology. A course for The Holmes Institute Graduate School of Consciousness Studies*, Los Angeles.
- 1997 J. Fadiman and R. Fragar. *Essential Sufism*. San Francisco: HarperSan Francisco. (Also available in Spanish, Bosnian and Indonesian editions)
- 1999 *Heart, Self, and Soul: The Sufi Psychology of Growth, Balance and Harmony*.

- Wheaton, IL: Quest Books. (Also available in Spanish, Indonesian and Turkish editions)
- 1999 (Ed.) *Love is the Wine* (2nd edition). Los Angeles, Philosophical Research Press. (Also available in Spanish, Bosnian, and Turkish editions.)
- 2003 K. Gozdz and R. Frager. Using the Everyday Challenges of Business to Transform Individuals and Organizations. 475-492. In R. Giacolone and C. Jurkiewicz (Eds.) *Handbook of workplace spirituality and organizational performance*. Armonk, NY: M.E. Sharpe.
- 2005 Frager, R. & Fadiman, J. *Personality and Personal Growth* (6th edition). New York: Prentice Hall. (Also available in Spanish, Portugese, Russian and Japanese editions)
- 2007 Frager, R. (Ed.) *Sharing Sacred Stories: Current Directions in Spiritual Direction and Guidance*. New York: Crossroad Publishing. (Also available in a Turkish edition)
- 2007 Appearance in *Living Luminaries: The Serious Business of Happiness*. (a docu-drama in which a young man consults various teachers in his search for happiness.)
- 2009 (Ed.) *Love is the Wine* (3rd edition). Prescott, AZ: Hohm Press.

Work in Preparation

- Frager, R. *Sufi Talks: Teachings of an American Sufi Sheikh*.
- Frager, R. *The Psychology of Aikido*.
- Frager, R. *The Spirit of the Quran: Friday Sermons of an American Sheikh*.
- Fadiman, J. & Frager, R. *Personality and Personal Growth* (7th edition). New York: Prentice Hall.