

## CURRICULUM VITAE

### GENIE THERESE PALMER, Ph.D.

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#### ACADEMIC EDUCATION:

- 1983-1985 Undergraduate training in gerontology, counseling track, University of Texas Health Science Center at Dallas, Texas; B.A. (Gerontology) in 1985.
- 1989 Graduate training in gerontology, counseling track, University of North Texas, Denton, Texas; M.S. (Gerontology) in 1989.
- 1992-1995 Graduate training in psychology, Institute of Transpersonal Psychology, Palo Alto, California, M.A. (Transpersonal Psychology) in 1995
- 1999 Doctoral training in psychology, Institute of Transpersonal Psychology, Palo Alto, California; Ph.D. (Transpersonal Psychology) in 1999.  
Dissertation: *Disclosure and assimilation of exceptional human experiences: Meaningful, transformative, and spiritual aspects*, Dissertation Abstracts International, 60, 2358, Committee Chairperson: Dr. William G. Braud.

#### PROFESSIONAL EDUCATION:

- 1963 Professional training in nursing, St. Paul School of Nursing, Dallas, Texas, Diploma in Nursing in 1963.

#### LICENSURE:

- 1963 Licensed Registered Nurse (RN), State of Texas (currently inactive).

#### CERTIFICATE:

- 1999 Spiritual Guidance Certificate, Doctoral level, Institute of Transpersonal Psychology.

**TRAININGS (PARTIAL LISTING) AND INTERNSHIPS:**

- 1992            Enneagram training with Dr. David Daniels, M.D., Institute of Transpersonal Psychology, Palo Alto, California.
- 1993            Institute for the Advanced Study of Human Sexuality, San Francisco, California.
- 1993            Hypnotherapy, Dr. Arthur Hastings, Institute of Transpersonal Psychology.
- 1993            Advanced Hypnotherapy, Dr. Emmett Miller, Institute of Transpersonal Psychology.
- 1994            Therapeutic Attention, Dr. Kathleen Speeth, Institute of Transpersonal Psychology.
- 1996-1997      Spiritual Guidance Training Program, Doctoral Level, Institute of Transpersonal Psychology.
- 1997            Hospital Chaplaincy Volunteer Ministry training, Stanford Hospital, Stanford, California.
- 1997            Training in group spiritual direction, "Group Spiritual Direction for the 21<sup>st</sup> Century," Mercy Center, Burlingame, California.
- 1997-1998      Spiritual Guidance Internship, Stanford Hospital Chaplaincy Volunteer Ministry, Stanford, California.
- 1998            Bio-spirituality and focusing workshop, Mercy Center, Burlingame, CA.
- 1997-1999      Spiritual Guidance Internship, Transpersonal Counseling Center, Institute of Transpersonal Psychology.
- 2005            Training in Intuitive Inquiry Research Method; Rosemarie Anderson, Ph.D., method creator and training instructor, Institute of Transpersonal Psychology.
- 2010            Veriditas Labyrinth Facilitator Training, Grace Cathedral, San Francisco, CA.

**PROFESSIONAL EXPERIENCE:**

- 1963-1992      Staff Registered Nurse, Family Practice and Industrial Clinic Nurse, and Administrative Nursing Supervisor, various hospitals and a clinic in Dallas, Texas.
- 1986-1992      Gerontologist, Wellness Counselor, and Educator, Maurice Barnett Geriatric Wellness Center, Plano, Texas.

- 1993-1999 Dissertation Coordinator, work-study position, Institute of Transpersonal Psychology.
- 1999-2001 Alumni Coordinator, Alumni Association, Institute of Transpersonal Psychology.
- 1999-present Internship Supervisor, doctoral level spiritual guidance student interns, Transpersonal Counseling Center, Institute of Transpersonal Psychology.
- 1999-2002 Dissertation Coordinator, staff position, Institute of Transpersonal Psychology.
- 2002-2003 Associate Dissertation Director, staff position, Institute of Transpersonal Psychology (liaison position between a team of Designated Dissertation Directors, the Chairperson of the Residential Ph.D. Program, the Dean of the Residential Division, the Dean of Student Services, the dissertation students, committee members, and the school in general; providing logistical, academic, and psychological support to dissertation students throughout their dissertation process).
- 2003-2004 Core Faculty, Assistant Professor and Associate Dissertation Director.
- 2004-200 Core Faculty, Assistant Professor, Dissertation Director for the Residential Ph.D. Program.
- 2006-2011 Core Faculty, Assistant Professor, Dissertation Director for the Residential Ph.D. Program and the Global Ph.D. Program.
- 2011-present Core Faculty, Assistant Professor, Dissertation Director for the Residential Ph.D. Transpersonal Psychology Program, the Residential Clinical Psy. D. Program, and the Global Ph.D. Program in Psychology.
- 2011-present Director, Writing & Research Center.

**TEACHING EXPERIENCE:**

- 1998 Co-instructor with Professor Jill Mellick, Institute of Transpersonal Psychology (Dissertation Writing as a Spiritual Process and Practice, spring quarter).
- 2001 Contract Faculty, Institute of Transpersonal Psychology (Dissertation Seminar, spring quarter).
- 2002 Contract Faculty, Institute of Transpersonal Psychology (Dissertation Seminar, winter quarter).
- 2003 Assistant Professor, Core Faculty, Institute of Transpersonal Psychology

(Dissertation Seminar, spring and fall quarters, and Group Spiritual Guidance Practicum class, spring quarter).

2005-present Assistant Professor, Core Faculty, Institute of Transpersonal Psychology, (various courses, including Dissertation Seminar, Advanced Topics in Research: Intuitive Inquiry; Pathways of the Soul: Exploring the human journey; Yearly retreats for MATP/PhD Transpersonal Psychology 1<sup>st</sup> year students: spring, 2011, topic—Paranormal Experiences Panel; spring, 2012, co-facilitator for topic on Awakening to Aging.

### RESEARCH EXPERIENCE:

- 1995 Research Assistant, William James Center for Consciousness Studies, Institute of Transpersonal Psychology (ITP), Research Project: *Exploring transpersonal experiences and messages that brought students to ITP*, Dr. William Braud, Supervisor.
- 1995-1996 Graduate Research Assistant, Institute of Transpersonal Psychology and the Institute of Noetic Sciences, Research Project: *The effects of Ramondi Technique on low back pain*, Dr. Kenneth Epley, chief investigator.

### RESEARCH METHODS AND INTERESTS:

- Qualitative Methods, especially transperonally oriented, such as Intuitive Inquiry and Integral Inquiry, and when used in combination with more traditional method; heuristic inquiry; qualitative thematic analysis for data analysis
- Blended or mixed methods
- Exceptional Human Experiences (EHEs), and related human experiences, including paranormal experiences and nature and nature-related experiences, and their impacts on the life and work of experiencers
- Human-Animal Bond (HAB) studies
- Interface of psychology, and spirituality
- Aspects of high level health and well-being
- Spiritual guidance, especially group spiritual guidance and its use and effectiveness; applications and contribution to the field of transpersonal psychology and expansion of the field of spiritual guidance/direction
- Gerontology studies, especially on healthy aging and development; bereavement
- Mysticism across traditions
- Working with the labyrinth as a spiritual path and practice, and its impacts on spiritual growth and development
- Use of creativity and creative expression within a research project
- Dreamwork

## **SPIRITUAL GUIDANCE PRACTICE:**

1999-present Private practice as a Transpersonal Practitioner, focusing on individuals and groups using a process of spiritual guidance to foster spiritual growth and development, and of coaching to facilitate assimilation and integration of varieties of spiritual, exception, and other important life experiences.

## **HONORS AND AWARDS:**

- 1989 National Honor Society in Gerontology.
- 1989 Invited Student Researcher, Esalen Institute Special Invitational Conference on Direct Mental and Healing Interactions, Big Sur, California.
- 1998 Sidney M. Jourard Memorial Student Award for Excellence in Student Research, American Psychological Association (one out of four chosen internationally).

## **PRESENTATIONS AND WORKSHOPS:**

*Sharing Sacred Stories: Group Spiritual Direction.* Summer Workshop for the Center for Spiritual Growth, Institute of Transpersonal Psychology, 1997.

*Disclosure and assimilation of exceptional human experiences: Meaningful, transformative, and spiritual aspects.* Presented dissertation research findings at the American Psychological Association 106<sup>th</sup> Annual convention. The Sidney M. Jourard Memorial Student Symposium, San Francisco, California, 1998.

*Integrating exceptional human experiences into everyday life.* Presented aspects of dissertation research, San Francisco Chapter of the International Society for General Semantics, San Francisco, California, 1999.

*Transformative aspects of exceptional human experiences.* Institute for Holistic Healing, San Francisco State University, San Francisco, California, May 2000.

*Peak experiences and expanded states of consciousness.* Institute for Holistic Healing, San Francisco State University, San Francisco, California, November 2000.

*Working with exceptional human experiences and important life experiences as spiritual practice.* Two day workshop as part of the Institute of Transpersonal Psychology's doctoral student orientation process, Quaker Center, Ben Lomond, California, September, 2000, 2001, 2002, and 2003.

*The Language of Exceptional Human Experiences (EHEs).* Presented aspects of dissertation research. Colloquium Series at the Institute of Transpersonal Psychology. May, 12, 2004.

In addition to the above, I have made several presentations on ITP's dissertation procedures, processes, and on my own dissertation research in various graduate psychology classes at the Institute of Transpersonal Psychology and at various Global PhD program seminars.

### **PUBLICATIONS:**

Palmer, G. (1997). Disclosure and assimilation of exceptional human experiences: Meaningful, transformative, and spiritual aspects: A research summary. *Exceptional Human Experiences: Special Issue Background Papers II, 15*, 162-163.

Palmer, G. (1998). *Integral Inquiry*. In W. Braud & R. Anderson (Eds.), *Transpersonal research methods for the social sciences: Honoring human experience* (pp. 169-173). Thousand Oaks, CA: Sage.

Palmer, G., & Braud, W. (2003). Exceptional human experience, disclosure, and a more inclusive view of physical, psychological, and spiritual well being. *The Journal of Transpersonal Psychology*, 34(1), 27-58.

Palmer, G. (2007). Group spiritual guidance. In R. Frager (Ed.), *Sharing sacred stories: Current approaches to spiritual direction* (pp. 153-159). New York: Crossroad Publishing.

Palmer, G., & Braud, W. (2012). (In Submission). Psychological Experiences and Their Life and Work Impacts For Members of a Professional Academic Transpersonal Community. *Journal of Transpersonal Psychology*.

### **PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS:**

- APA, Division 5 (Professional Affiliate, non-member)
- Institute of Noetic Sciences (IONS)
- International Association for Near-Death Experiences (IANDS)
- Spiritual Directors International
- The Association for Transpersonal Psychology (ATP)/The Association for Humanistic Psychology (AHP)
- The Labyrinth Society (TLS)

### **REFERENCES AVAILABLE UPON REQUEST**