Sofia University Faculty, Alumni, and Students Present at Eurotas 2014 in Crete - Greece

Sofia University will be well represented at the upcoming European Transpersonal Association (EUROTAS) 16th annual conference. In collaboration with the Association for Transpersonal Psychology (ATP) and the International Transpersonal Association (ITA), the Conference will take place October 1st through 5th, 2014, in Crete, Greece with the theme, “Metamorphosis - Disintegration, Integration, Conscious Living.”

The event begins with a pre-conference featuring Sofia University’s very own professor emeritus, Rosemarie Anderson. Her session, Intuition and Intuitive Inquiry, allows participants to “explore somatic forms of intuition, such as the visceral (often known as the proprioceptive or felt sense), kinesthetic (movement), visual (usually images and symbols), smell/taste, sound, and the mental sense based on the Buddhist understanding of Sunyata, Emptiness.

Two of the keynote speakers are also from Sofia. David Lukoff, Ph.D. who teaches in our on-campus Psy.D. program will present Spiritual Emergencies and Spiritual Practices: How Transpersonal Psychology Liberated Western Civilization and Psychotherapy from its Reliance on Greco-Judaic-Christian Myths and Practices. He will show how transpersonal psychology expanded cultural horizons within psychology beyond Greco-Judaic-Christian Myths and Practices (pioneered by Freud and Jung) to a genuinely global perspective--which is unique in psychology, through mindfulness practices (many from Asia), appreciation and inclusion of all expressions of spirituality, and evidence-based use of psychedelics--all of which had been taboo topics. Rosemarie Anderson will give the second keynote titled Research in a Sacred World. She will overview the value of qualitative, quantitative, transpersonal, and mixed-method approaches to the study of transpersonal and spiritual experiences.

Sofia, also, has four current global Ph.D. students attending the conference. Aimee La Bree Hohn, Dee Purcell, TJ Weisbecker, and Milica Zegarac will present The Effect of Spirits on Human Well Being and Transcendence: A Review on Model of Psychotherapeutic Treatment, Conscious Living With Coherence: Psychospiritual Development, Health and the Biodynamic Model, Magic Medicine - Hallucinogens, and Metamorphosis Through Yoga: An Expressive Arts Therapy Approach to Healing respectively.

Alumni John Sean Hinton will have a session on Extraordinary Experiences and Life Meaning. Paul Freinkel and David Lipschitz are presenting The Mainstreaming of Transpersonal Research Methodologies. Steven Schmitz will speak about Shamanism as an Ancient Tradition of Biopsychospiritual Transformation.

The conference closes with a post-conference featuring Steven Schmitz co-presenting, Metamorphosis: A Journey of Transformation Through Shamanic Practices which will lead participants in a journey of transformation through shamanic practices. Attendees will participate in rituals, sacred sounds, shamanic drumming, sacred movement, shamanic journeying, and group sharing.

Congratulations to all the presenters! It sounds like an amazing conference and we can’t wait to see what you all do in the future.
Sofia University has had its own aikido club for many years now. Classes are taught by two experienced black-belts under the supervision of Sue Ann McKean Sensei, 6th Dan. Current Sofia students are welcome to join us at no cost. Please come and train with us Thursday nights 8-9:15 and Sunday nights 6-7:30 in the Sofia dojo. For more information please contact Kenny Chan at 510-260-4215, Steve Curley at 408-886-4269 or go to our website: www.emcaikido.com.

We look forward to training with you.

Sincerely, SueAnn McKean, 6th dan, Steven Curley, Ph.D, 2nd dan and Kenny Chan, 2nd Dan

Sara Javid was born in Los Gatos, California to a trilingual family. At an early age she completed a BS in Electrical Engineering followed by an MBA degree. After completing her degrees, she worked at HMT Technology as a test engineer. Sara was then hired to manage student services at DeVry University in Fremont. There she started down a path toward becoming a visionary university administrator capable of managing all levels of multiple projects. At San José State University, she managed enrollment for over 70 graduate programs and coordinated the development and implementation of all marketing and outreach efforts. As the executive director of Western Career College and Silicon Valley College, Sara was Director of Admissions and Dean of Education responsible for the overall development of academic programs and services. This led to her appointment as President of Everest College from 2008–10. She then moved to International Technological University (ITU) in San José where she met and worked with Sofia University President Liz Li, who was then Chief Academic Officer at ITU. Under their leadership, the enrollment grew 60 percent. At Sofia, Sara is the Vice President of Strategic Planning, Interim Registrar, Director of Institutional Research, systems manager, and a key contributor to the work of innovative academic program development.

Arthur Hastings Chocolate Raiser

Raffle Details
Grand Prize includes: DVDs: The Psychedelic Experience, Healing Words : Poetry and Medicine, & Everything Flows; Mandala: Mandala Charger (Energy Tool); and Psychobox : A Box of Psychological Games

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1 Bag of Chocolate = 3 Raffle Tickets
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The winning tickets will be drawn on October 1 at 2pm. You do not need to be present to win.