

# Sofia University

# Community Voice

Volume 1, Issue 6

July 3, 2014

## Professor Anne Huffman featured in California Health Report!



**Anne Huffman, Ph.D.**

Professor Anne Huffman, Ph.D. was recently highlighted as a Spiritual Guidance expert in the *California Health Report*. The article titled "When the Spirit Moves You Later in Life," by Matt Perry, is about the emotional, psychological and spiritual aspects of aging. Perry writes about the various ways American institutions and churches fail to meet the spiritual and emotional needs of aging adults.

Dr. Huffman recalls the experience of working with a lesbian client that was approaching her 70's with no children or partner. The client felt ostracized by society and the Catholic Church. Dr. Huffman was able to provide a breakthrough and reconnect the client with her faith.

To view the complete article please visit:  
<http://www.healthycal.org/archives/15988>.

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## INSIDE THIS ISSUE

- 1 Letter from President/Anne Huffman featured
- 2 Fin. Aid/ Alumni Series/ Contest/Need Help?

## In Case You Missed It... President Liz Li, Ph.D. Letter to the Community

Dear Sofia Community,

On this, my first day of being officially the president of Sofia University, I'd like to say that it is truly an honor and privilege to be working side by side with all of you. Since my arrival here at Sofia, we have all hit the ground running by implementing new policies and procedures, restructuring staff roles and working toward the creation of new academic programs; there are much work to be done. I am thankful for all your hard work, patience and flexibility.

While we face sobering fiscal realities, there is no doubt in my mind that if we work together we can make Sofia strong once again. The executive team and I have a clear vision – and we all have a proud and strong heritage to build on. Our students are the number one priority. We will continue to take determined action to rebuild Sofia, strengthen existing programs as well as create new ones.

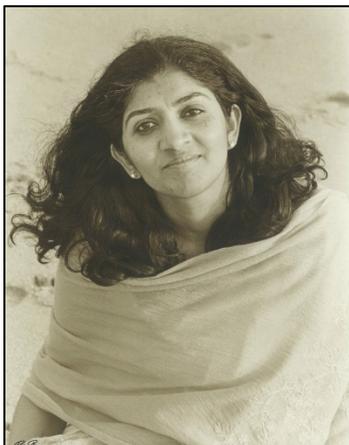
I am looking forward to working with you all to open a new chapter. Whether you are one of our faculty, staff, student, alumni, or friends, please feel free to drop by my office to say hello or to reach out at any time. Rebuilding such a wonderful community will take involvement from every part of Sofia. I'm looking forward to the experiences ahead of us.

Liz Li, Ph.D.  
President

## Sofia University in the News

☐ **Jun 18** - [Sofia University Professor Named San Francisco Pride's 2014 Lifetime Achievement Grand Marshal](#)

☐ **Jun 17** - [New Graduate Degree Programs In Computer Science and Business Planned at Sofia University](#)



### Coming Up Next Thursday!

### Alumni Speaker Series Featuring Rekha Kurup, MA Women's Spirituality

Thursday, July 10, 2014  
Sofia University room 1059A  
6:00pm to 7:30pm

### Reclaiming Embodied Sexuality through Matriarchal Her-Stories

In the backdrop of a globalized, sexualized, capitalistic social fabric of modern life reflecting a steep rise in sexual violence towards women and girls, Rekha Kurup, a modern-day city-bred daughter of Kerala, India, and also a graduate of our Women's Spirituality program, makes a journey into her indigenous matriarchal past through the memories of her grandmothers in an effort to redefine, reclaim and re-inform her female sexuality through the discovery and investigation of matrilineal Nayar practices. In her journey to womanhood, she began to question everything—gender perceptions, cultural and social conditioning, the “do’s and “don’ts of a feminine identity, the age-old dogmas defining womanhood, the shame, disgust and silence surrounding body and sexuality, and most importantly the direct and indirect influences of mother-centered and father-centered cultures on my relationship with body and sexuality.

Admission is FREE and open to the public!

### Financial Aid Announcement

Attention students! The refund schedule for 2014-2015 award year is now posted on the student portal.

To view please log on to: <https://portal.sofia.edu/ICS/>

Please log-in to access the information. The refund schedule is located under the Finances tab>Financial Aid and the schedule is located on the homepage under “Financial Aid Information

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### Take the Transpersonal Challenge!

#### PRIZES

1st Place Winner: \$800.00

2nd Place Winner: \$300.00

3rd Place Winner: \$100.00

Imagine traveling to a new city. You try to explain the meaning of transpersonal but no one understands. How would you define transpersonal? How would you teach everyone what it means to be transpersonal? What living examples of transpersonal would you use?

Please describe your solution in 1000 words or less. Entries must be accompanied by a visual aid. Visuals include but are not limited to: poster, graphic, photograph, video, sculpture, etc.

#### Criteria:

- Must be a currently enrolled Sofia University student or alumni to enter
- Deadline for Submissions- Monday, September 1, 2014 11:55pm
- Open to all U.S. and international students and alumni

For more information please visit:

[www.sofia.edu/contest](http://www.sofia.edu/contest) or email [contest@sofia.edu](mailto:contest@sofia.edu).

## We want to promote YOU!

☐ We know our faculty, students, alumni, and staff do amazing work and we want to share it. Please keep in touch with [accomplishments@sofia.edu](mailto:accomplishments@sofia.edu) and help us spread the word about the ways in which Sofia faculty, students, alumni and staff are creating a better world.