## **Abstract**

This research proposal will explore support providers' perceptions of individuals with intellectual and developmental disabilities. The research will implement a qualitative methodology with a quantitative data collection approach. The study examines the impact of a person-centered planning curriculum on the perceptions of the core team supporting an adult who is differently-abled. The literature review in this proposal explores relevant legislation, perceptions, emerging adulthood, Person-Centered Planning, self-advocacy, autonomy, and transitions related to persons with disabilities. The research will utilize quantitative and qualitative surveys to measure changes in perception. Methodology is discussed, and study materials are provided. Implications and further research are also addressed.

*Keywords*: autonomy, Person-Centered Planning, Intellectual Disability, Developmental Disability, perceptions, transitions,