

Evidence-based intervention: Examining the effectiveness of Sacred Geometry® Healing System (SGHS®) in children with autism

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Abstract: The pathogenesis and treatment of autism has been selected as one of the 125 scientific puzzles of human being by *Science*. In addition to traditional treatments, doctors and scientists are also seeking breakthroughs in alternative treatments and integrative medicine. This study examined the effectiveness of alternative therapy “Sacred Geometry Healing System (SGHS®)” on children with autism. Sacred Geometry Healing System (SGHS®) uses the principle that everything is composed of different geometric structures. Rebuilding the original geometric structure of organic cells can restore its function, so as to achieve the effect of physical and mental rehabilitation. A total of 191 subjects (7.86 ± 3.62 years old; 149 men; 42 girls) autistic children and parents participated. The instrument of measurements are Childhood Autism Rating Scale and Autism Behavior Checklist of children with autism, Caregiver Anxiety Scale, Caregiver Depression Scale and Caregiver Quality of Life. Interventions were performed twice a week and each intervention lasted about 20-30 minutes. The therapist is remote and the autistic child does not need to be present. A pre-post analysis of 20 interventions and 40 interventions was found that the scores of Childhood Autism Rating Scale and Autism Behavior Checklist of children with autism decreased significantly, and the anxiety, depression and quality of life of caregivers improved significantly. The interview of parents who participated in the experiment found that 97% of

them believed that the intervention had a positive impact on the condition of their children with autism.

Key words: Autism, alternative therapy, sacred geometry healing system (SGHS®),
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